

CLUB DE SPORT STATION NORD

PLANNING COURS NATION

45 MIN/COURS

	Lundi	Mardi	Mercredi	Jeudi	Vendredi	Samedi
9H15					PILATES	
9H30	PILATES	PILATES	PILATES	PILATES		PILATES
12H30	PILATES	PILATES	PILATES	PILATES	PILATES	
17H30	PILATES	PILATES	PILATES	YOGA PILATES	PILATES	
18H30	PILATES	PILATES	PILATES	YOGA VINYASA		